

4. HOW YOU GET IT:

GO TO: [generalvision.com](http://generalvision.com)

simply enter your Benefit Number (6044) to:

- FIND A PROVIDER
- SCHEDULE AN APPOINTMENT
- REVIEW YOUR BENEFITS

or call [800.VISION.1](tel:800.VISION.1) for more information



SCHEDULE AN APPOINTMENT  
+  
USE YOUR GVS BENEFIT  
=  
GVS DONATES GLASSES



As part of our ongoing commitment to promote eye health and wellness, GVS is helping the world see clearly. Every time you take advantage of your GVS vision benefits, we'll donate a pair of glasses to someone in need.

Just by making an appointment, you can make a difference. Call us or visit our website now:  
[800.VISION.1](tel:800.VISION.1) • [generalvision.com](http://generalvision.com)

Be sure to click the "See Well, Do Good" icon to learn more about our charitable donations.



YOUR VISION **BENEFIT**  
UFCW LOCAL 18D – SGWS/BENEFIT #6044

1. WHAT YOU GET:

This is your Full Benefits Summary. Please bring it with you to your appointment. If you need any assistance, please call 800-VISION-1.

**Additional Eyewear Discounts:**  
30% off any complete pair of glasses for you or family members not covered by your plan.

**For Eligibility and to Utilize Your Vision Benefit:**  
Simply call any of the listed providers for a convenient eye exam appointment. Patient must present their benefits voucher or ID card upon service.

Any additional services that surpass the benefit are the responsibility of the patient.

\* For locations outside of New York, a co-pay for an eye exam may apply.

VISION BENEFITS SUMMARY

Description	Co-pays
<b>EXAMINATION *</b>	
Includes Tonometry	INCLUDED
<b>FRAMES</b>	
Up to \$300	INCLUDED
Non Covered Frame	U&C less \$250
<b>LENSES</b>	
Single Vision	INCLUDED
Bifocal (FT28 & FT35)	INCLUDED
TriFocals	INCLUDED
Standard Progressive	INCLUDED
Oversize	INCLUDED
<b>MATERIALS</b>	
Plastic	INCLUDED
Polycarbonate	INCLUDED
<b>COATINGS</b>	
Cosmetic or Sunglass Tint	INCLUDED
Scratch Resistant Coating	INCLUDED
Ultra Violet Coating	INCLUDED
Anti-reflective Standard Coating	INCLUDED
Anti-reflective Premium Coating	\$90.00 co-pay
<b>CONTACTS</b>	
Colored Contact Lenses are <b>NOT</b> included	
Fitting and Dispensing Included for the following	INCLUDED
Lenses	
Spherical Disposables 12 month supply	INCLUDED
Non Covered Contact Lenses	U&C less \$250
Fitting Fee for Upgraded Lenses	\$50.00 co-pay



Tell us how we're doing:  
[generalvision.com/survey](http://generalvision.com/survey)

Please visit [generalvision.com](http://generalvision.com) and enter your benefit number (6044) to receive a complete list of all your vision benefits.

VALUE SAVINGS\*\*

MAIL ORDER  
CONTACT LENSES

1800AnyLens

15% Off

Every Contact  
Lens Purchase

Promotion Code: GVS15OFF

Call: 1-800-ANY-LENS  
or Visit: [1800anylens.com](http://1800anylens.com)

LASIK IS NOW EASIER  
FOR GVS MEMBERS!

Save 40% to 50% off\* traditional LASIK services with QualSight LASIK at more than 1,000 locations nationwide. Savings also available on newer technologies such as Custom Bladeless (all laser) LASIK.

Call 888-568-0308  
for your **FREE** consultation.

Visit [qualsight.com/gvs](http://qualsight.com/gvs) for more information.

\*Savings based on overall national average price.

HEARING BENEFIT



An exclusive National Hearing Care Program that provides affordable services to GVS active and retiree members, as well as their families.

Call 800-480-0558  
for more information.

2. HOW YOU BENEFIT:

DISCOVER THE VALUE OF YOUR VISION BENEFITS		
GVS PLAN	SERVICE	AVERAGE RETAIL COST
INCLUDED	Eye Examination	\$60
INCLUDED	GVS Designer Collection Retail	\$300
INCLUDED	Standard Progressive Lenses	\$195
INCLUDED	Bifocal Lenses	\$129
INCLUDED	Cosmetic or Sunglass Tint	\$30
INCLUDED	UV Coating	\$25



\*\*Not included in plan.



Account: 6044 Print Date: 1/10/19 Print Amount: 1



# 3. PICK A PROVIDER LOCATION:

## NEW YORK

### MANHATTAN

**Chelsea**  
General Vision @  
Cohen's Fashion Optical  
275 7th Ave. (25th Street)  
**(212) 691-1709**

**East Side**  
Cohen's Fashion Optical  
106 East 23rd Street  
(Between Park and  
Lexington Ave.)  
**(212) 677-3707**

**Greenwich Village**  
Cohen's Fashion Optical  
603 6th Avenue  
**(212) 924-1390**  
**Location relocated.**  
**All patient files will**  
**be at**  
Cohen's Fashion Optical  
825 Broadway  
(b/w 12th & 13th Street)  
**(212) 475-0999**

**Harlem**  
Cohen's Fashion Optical  
86 West 125th St.  
**(212) 996-2676**

**Inwood**  
Superior Vision Center  
4767 Broadway  
**(212) 567-9351**

**Lower East Side**  
Cohen's Fashion Optical  
33 Maiden Lane  
**(212) 232-0065**

Cohen's Fashion Optical  
117 Orchard Street  
**(212) 674-1986**

**Midtown East**  
Cohen's Fashion Optical  
50 East 42nd St.  
**(212) 697-1838**

**Midtown West**  
Cohen's Fashion Optical  
330 West 42nd St.  
(bet. 8th/9th Ave.)  
**(212) 869-2020**

Cohen's Fashion Optical  
132 West 57th Street  
**(212) 581-4967**

**Union Square**  
Cohen's Fashion Optical  
825 Broadway  
(b/w 12th & 13th Street)  
**(212) 475-0999**

**Upper East Side**  
HMY Vision  
1295 1st Avenue  
**(212) 535-4469**

Cohen's Fashion Optical  
830 Third Avenue  
(50th St.)  
**(212) 750-9005**

Cohen's Fashion Optical  
767 Lexington Ave  
(60th St.)  
**(212) 751-6652**

Cohen's Fashion Optical  
177 E. 86th St.  
**(212) 426-1222**

Cohen's Fashion Optical  
1369 Third Avenue  
**(212) 988-8505**

Specs For Less  
1904 Third Ave./105 St.  
**(212) 831-3162**

Cohen's Fashion Optical  
660 Lexington Ave.  
**(212) 317-0067**

**Upper West Side**  
Cohen's Fashion Optical  
167 W. 72nd St.  
**(212) 769-1410**

Cohen's Fashion Optical  
2933 Broadway  
**(212) 662-0400**

Supreme Spectacle  
4250 Broadway  
**(212) 795-5640**

Lens Lab Express  
1420 Saint Nicholas  
Avenue  
**(212) 543-3333**

**West Side**  
Cohen's Fashion Optical  
225 W. 34th Street  
**(212) 239-6999**

General Vision  
20 West 14th St.  
**(212) 229-1470**

**Location relocated.**  
**All patient files will**  
**be at**  
Cohen's Fashion Optical  
2 West 14th St.  
**(212) 989-3937**

### QUEENS

**Astoria**  
**New Location:**  
Cohen's Fashion Optical  
30-93 Steinway St.  
**(718) 274-3500**

Cohen's Fashion Optical  
22-19 31st St.  
**(718) 777-7678**

**Bayside**  
Cohen's Fashion Optical  
Bay Terrace Shopping  
Center  
211-51 26th Ave.  
**(718) 631-3699**

Eye Supply of Bayside  
39-25 Bell Blvd.  
**(718) 279-2020**

**Corona**  
Lens Lab Express of  
Corona  
37-40 Junction Blvd.  
**(718) 507-8114**

**Elmhurst**  
Cohen's Fashion Optical  
Queens Center Mall  
90-15 Queens Blvd.  
**(718) 592-5200**

**Far Rockaway**  
Wavecrest Optical Shop  
257 Beach 20th Street  
**(718) 327-2020**

**Flushing**  
Pearle Vision Center  
193-20 Northern Boulevard  
**(718) 357-4666**

The Eye Shop  
29-30 Union Street  
**(718) 359-7400**

Envision Eyecare  
Optometry  
150-36 Union Turnpike  
**(718) 591-3000**

**Forest Hills**  
General Vision @  
Cohen's Fashion Optical  
116-53 Queens Blvd.  
**(718) 268-2020**

**Howard Beach**  
Optical Illusions  
160-55 Cross Bay  
Boulevard  
**(718) 835-2020**

**Jackson Heights**  
Cohen's Fashion Optical  
37-33 82nd St.  
**(718) 458-8800**

**Jamaica**  
Cohen's Fashion Optical  
163-34 Jamaica Avenue  
**(718) 526-2332**

Lens Lab Express  
163-34 Jamaica Avenue  
**(718) 526-2332**  
**Location Relocated.**  
**All Patient files will**  
**be at:**  
Wizzard of Eyes  
165-01 Jamaica Avenue  
**(718) 523-0730**

Eyecare Express  
221-05 Jamaica Avenue  
**(718) 465-9500**  
**Location relocated.**  
**All Patient files will**  
**be at:**  
Cohen's Fashion Optical  
163-34 Jamaica Avenue  
**(718) 526-2332**

Wizard of Eyes  
165-01 Jamaica Avenue  
**(718) 523-0730**

Urban Eyes  
159-03 Jamaica Avenue  
**(718) 989-1996**

**Richmond Hill**  
General Vision @  
Cohen's Fashion Optical  
115-10 Liberty Ave.  
**(718) 323-6410**

**Ridgewood**  
General Vision Express  
57-52 Myrtle Ave.  
**(718) 497-2020**

**Rockaway Park**  
**Woodside**  
CN Vision Care  
45-56 46th Street  
**(718) 392-1244**

### BROOKLYN

**Bay Parkway**  
Couture Optical NYC  
2313 65th Street  
**(718) 975-4824**

**Bayridge**  
Cohen's Fashion Optical  
414 86th Street  
**(718) 833-2320**

Mega Vision Center  
187 Ave. U  
**(718) 373-2020**

Optical Center of Bayridge  
8310 5th Avenue  
**(718) 680-2020**

5th Avenue Vision Center  
5818 5th Avenue  
**(718) 439-8400**

**Bensonhurst**  
Cohen's Fashion Optical  
2167 86th Street  
**(718) 946-3647**

**Brownsville**  
Cohen's Fashion Optical  
1710 Pitkin Avenue  
**(718) 342-5500**

Cohen's Fashion Optical  
1536 Flatbush Avenue  
**(718) 434-2222**

**Canarsie**  
Bonafide Opticians  
9508 Avenue L  
**(718) 444-3126**

**Crown Heights**  
Franklin Primary Eye Care  
847 Franklin Avenue  
**(718) 604-1002**

**Downtown**  
Cohen's Fashion Optical  
395 Flatbush Ave. Ext.  
**(718) 965-2020**

General Vision @  
Court Street  
66 Court Street  
(btwn. Joralemon &  
Livingston St.)  
**(718) 923-2020**

**East New York**  
Eyesite Vision II  
1125 Liberty Ave.  
**(718) 235-7900**

Linden Eye Care  
2084 Linden Blvd  
**(718) 272-3700**

**Flatbush**  
General Vision @  
Flatbush Avenue  
2504 Flatbush Ave.  
Across from Kings Plaza  
Mall  
**(718) 258-2020**

Cohen's Fashion Optical  
1704 Church Avenue  
**(718) 684-5000**

**South Bronx**  
Cohen's Fashion Optical  
2856 Third Ave  
**(718) 585-5100**

**Westchester Square**  
I and Eye Optometry  
2742A East Tremont  
Avenue  
**(718) 684-5624**

**White Plains Road**  
Sterling Optical  
524 Clarkson Ave.  
**(718) 778-3036**

**Kings Highway**  
Kings Highway Vision  
Center  
1302 Kings Highway  
Corner of E. 13th Street  
**(718) 376-2020**

**Kings Plaza Mall**  
Cohen's Fashion Optical  
5171 Kings Plaza Mall  
**(718) 951-9800**

**Sheepshead Bay**  
Vogue Optical  
3723 Nostrand Ave.  
**(718) 646-6200**

**Sunset Park**  
Cohen's Fashion Optical  
5516 5th Ave.  
**(718) 492-0515**

**Williamsburg**  
Lens Lab Express of  
Graham Ave.  
28 Graham Ave.  
**(718) 486-0117**

### BRONX

**Bainbridge**  
Bainbridge Optical  
3120 Bainbridge Avenue  
**(718) 655-6040**

**Baychester Mall**  
Cohen's Fashion Optical  
200 Baychester Avenue  
**(718) 320-7700**

**Broadway**  
Broadway Eyecare  
5571 Broadway  
**(718) 543-2020**

**Bruckner**  
Vision Quest Optical  
905 White Plains Rd.  
**(718) 239-9389**

**Co-Op City**  
Bronx Eyecare  
2075 Bartow Ave.  
**(718) 671-5666**

**Fordham**  
Bronx Eyecare  
2376 Grand Concourse  
**(718) 365-6300**

General Vision Services  
1440 Metropolitan Road  
**(917) 801-2400**

**Parkchester**  
Designer Optical  
1440 Metropolitan Ave.  
**(347) 281-4441**

Vision World  
1324 Metropolitan Avenue  
**(718) 863-3023**

**Pelham Parkway**  
Bronx Eye Associates  
665 Pelham Parkway  
Suite 202  
**(718) 547-2020**

**South Bronx**  
Cohen's Fashion Optical  
2856 Third Ave  
**(718) 585-5100**

**Westchester Square**  
I and Eye Optometry  
2742A East Tremont  
Avenue  
**(718) 684-5624**

**White Plains Road**  
Sterling Optical  
2168 White Plains Rd.  
**(718) 931-0500**

### STATEN ISLAND

**Charleston**  
Veterans Road West  
Specs For Less  
2935 Veterans  
Road West  
**(718) 967-2869**

**Eltingville**  
Greenridge Plaza  
Specs For Less  
3245 Richmond Ave.  
**(718) 605-4102**

**New Dorp**  
Stop & Shop  
Shopping Center  
General Vision @  
Cohen's Fashion Optical  
2748 Hylan Blvd.  
**(718) 979-2200**

**New Springville**  
Staten Island Mall  
Cohen's Fashion Optical  
2655 Richmond Avenue  
**(718) 698-6666**

Staten Island Mall  
Sterling Optical  
2655 Richmond Avenue  
**(718) 698-6020**

**Port Richmond**  
Forest Avenue  
Shopping Center  
Specs For Less  
1489 Forest Ave.  
**(718) 727-5059**

### NASSAU

**Bellmore**  
Vision People  
2766 Sunrise Highway  
**(516) 826-2020**

**East Meadow**  
Pearle Vision Center  
2365 Hempstead Turnpike  
**(516) 796-3800**

**Freeport**  
Eyeworld Optical  
165 West Merrick Road  
**(516) 867-1213**

**Garden City**  
Cohen's Fashion Optical  
Roosevelt Field  
Shopping Center  
**(516) 294-0011**

Ultimate Spectacle  
Roosevelt Field Mall  
630 Old Country Road  
**(516) 408-5330**

**Hicksville**  
Cohen's Fashion Optical  
371A Broadway Mall  
**(516) 908-2020**

**Levittown**  
Central Nassau Optical  
2943 Hempstead Tpk.  
**(516) 731-5050**

Ultra Vision Optical Center  
3697 Hempstead Tpke.  
**(516) 796-2020**

**Long Beach**  
Above All Eyes Optician  
264 East Park Avenue  
**(516) 889-2010**

**Lynbrook**  
American Vision of  
Lynbrook  
91 Broadway  
**(516) 593-2888**

**Massapequa**  
Cohen's Fashion Optical  
224 Sunrise Mall  
**(516) 795-3030**

**New Hyde Park**  
Eye Land Vision Center  
665 Hillside Ave.  
**(516) 328-1200**

**Oceanside**  
Cohen's Fashion Optical  
3529 Long Beach Road  
**(516) 764-2020**

Vision Decision  
40 Atlantic Avenue  
**(516) 255-2020**

**Rockville Centre**  
Cohen's Fashion Optical  
560 Sunrise Hwy.  
**(516) 766-0550**

**Valley Stream**  
Cohen's Fashion Optical  
11-12 Green Acres Mall  
**(516) 825-4900**

### SUFFOLK

**Bayshore**  
Sterling Optical  
1701 Sunrise Highway  
**(631) 666-4960**

Cohen's Fashion Optical  
1701 Sunrise Highway  
**(631)614-2020**

**Bellport**  
EyeCare Center of Bellport  
5 Bellport Lane  
**(631) 286-4014**

**Bohemia**  
Pearle Vision Center  
4800 Sunrise Highway  
**(631) 567-3500**

**East Northport**  
Larkfield Optical  
516 Larkfield Road  
**(631) 368-2020**

**Greenport**  
Greenport Eyeworks  
137 Third St.  
**(631) 477-1800**

**Huntington Station**  
Sterling Optical  
259 Walt Whitman Rd.  
**(631) 427-7300**

**Islandia**  
Sterling Optical  
Islandia Shopping Center  
1744 Veterans Memorial  
Hwy.  
**(631) 348-4545**

**Lake Grove**  
Cohen's Fashion Optical  
Smithhaven Mall  
**(631) 361-7310**

**Lindenhurst**  
General Vision @  
Cohen's Fashion Optical  
350 East Montauk Hwy.  
(Near Park Ave.)  
**(631) 225-5828**

**Patchogue**  
General Vision @  
Cohen's Fashion Optical  
499-80 Sunrise Highway  
**(631) 289-2010**

**Port Jefferson**  
Eye Supply of Port  
Jefferson  
1092 Route 112  
**(631) 474-3937**

**Riverhead**  
General Vision @  
Cohen's Fashion Optical  
Riverhead Plaza  
755 Old Country Rd.  
**(631) 727-3173**

**Shirley**  
General Vision @  
Cohen's Fashion Optical  
Southport Shopping Center  
999-3 Montauk Hwy.  
**(631) 399-6992**

**Stonybrook**  
Pearle Vision Center  
1320 Stony Brook Road  
**(631) 751-8200**

### DUTCHESS

**Poughkeepsie**  
**Now Located At:**  
Ultimate Spectacle  
South Road Square  
Shopping Center  
1955 South Road  
**(845) 298-0992**

### ORANGE

**Blooming Grove**  
Washingtonville Eye  
Associates  
2877 Route 94  
**(845) 496-9999**

**Goshen**  
Dr. Franco Rossi  
25 Saint John St.  
**(845) 294-6411**

**Middletown**  
Cohen's Fashion Optical  
Galleria @ Crystal Run  
**(845) 692-5800**

**Newburgh**  
Sterling Optical  
1401 Route 300  
**(845) 564-3522**

**Rockland**  
**Congers**  
Optometric Eyecare  
of Rockland  
35 Lake Road West  
**(845) 267-2888**

**Nanuet**  
Sterling Optical  
164 East Route 59  
**(845) 623-8074**

Cohen's Fashion Optical  
8129 Fashion Drive  
**(845) 623-2043**

**West Nyack**  
Cohen's Fashion Optical  
Palisades Mall  
2681 Palisades Center  
Drive  
**(845) 358-9001**

### SULLIVAN

**Jeffersonville**  
Eyes of Main Street  
Optometry  
4895 State Route 52  
**(845) 325-0986**

**Monticello**  
Dr. Mihai Busuioc  
343 Broadway  
**(845) 796-3937**

**Westchester**  
**Peekskill**  
Dr. Vernon Peryea  
1865 Main Street  
**(914) 737-0437**

**Rye Brook**  
Dr. Hal Mendel  
19 A Rye Ridge Plaza  
**(914) 939-2224**

Westchester Eye Doctors  
204 South Ridge Street  
**(914) 937-2020**

**White Plains**  
Cohen's Fashion Optical  
The Galleria  
**(914) 428-0300**

**Yorktown Heights**  
Sterling Optical  
650 Lee Blvd.  
**(914) 245-8111**

**Yonkers**  
The Vision Place  
100 New Main Street  
**(914) 965-5367**

Sterling Optical  
Cross County  
Shopping Center  
**(914) 968-6600**

Ultimate Spectacle  
1086 N Broadway  
**(914) 376-4000**

Yonkers Eyewear Optical  
442 South Broadway  
**(914) 294-0320**

Designer Optical  
1 Palisades Avenue  
**(914) 226-8706**

### NEW JERSEY

### BURLINGTON

**Willingboro**  
Clarity Optics  
320 Beverly-Rancocas Rd.  
**(609) 877-1229**

### ESSEX

**East Orange**  
Dr. Spiro Antonacos  
582 Central Ave.  
**(973) 673-7700**

**Cedar Grove**  
Dr. Spiro Antonacos  
466 Pompton Ave.  
**(973) 239-8381**

**Livingston**  
Invision Eye Care  
57 East Mt. Pleasant Ave.  
**(973) 533-1333**

**Newark**  
Urban Eyes  
787 Broad Street  
**(973) 642-4949**

### HUDSON

**West New York**  
Lens Lab Express of  
W. New York  
59-17 Bergenline Ave.  
**(201) 861-0016**

**Jersey City**  
Hudson Eyecare  
Associates  
368 Central Avenue  
**(201) 659-2774**

### MIDDLESEX

**East Brunswick**  
Crown Eyecare Center  
Midstate Mall  
300 Rte 18 North, Suite#  
32B  
**(732) 651-8188**

**Jamesburg**  
Jamesburg Family Eyecare  
333 Forsgate Drive  
**(732) 656-1515**

**North Brunswick**  
Optical Insight  
778 Carolier Lane  
**(732) 828-3937**

**Woodbridge**  
Cohen's Fashion Optical  
460 Woodbridge Center Dr.  
**(732) 636-2112**

### MONMOUTH

**Eatontown**  
Cohen's Fashion Optical  
180 Route 35 South Hill  
**(732) 542-6060**

<